

Starfish

Lai King Catholic Secondary School

English Newsletter 2014 Issue

Address: 1 Lai King Hill Road, Lai King Estate, Kwai Chung, N.T. Website: www.lkcss.edu.hk Tel: 2744 1610 Fax: 2744 9134

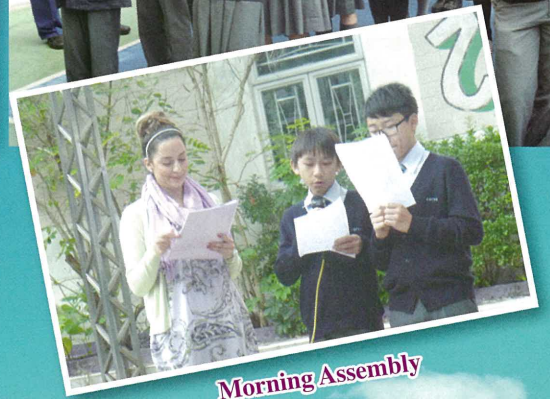
Our Regular English Activities

Morning Speech with note-taking

The Daily Morning Assembly Speech Programme is conducted with weekly topics on positive life education and science. Students are invited to participate in English script reading during each morning assembly. As the speeches are in process, S1 and S2 students fill in missing words of the scripts in their note-taking booklets. The note-taking booklets are designed to enhance listening and reading skills. Students are also encouraged to listen to and repeat new vocabulary and key words learnt after the speech. Student speakers participating in the Morning Assembly Speech Programme have the great opportunity to practise English directly with the NET and enhance their public speaking skills.

"Participating in the Morning Assembly Speech is very exciting because I have learnt new vocabulary and I can use those words in my freewrites."

1A Leung Tsun Hei, Jaffer



Morning Assembly

Our NET

This year, we are happy to welcome a new NET teacher to LKCSS! Ms. Carabeo comes from the U.S.A. She has been teaching English for over 5 years. She assists in the Enhancement English Programme at our school. Besides, she also trained Speech Festival participants and organized the talent show musical called "Caring for others". With Ms. Carabeo's training, student participants had a good chance to enhance their speaking and acting skills. During Morning Assembly and oral lessons, students also have the opportunity to interact with Ms. Carabeo. She always encourages students to visit the English Corner during lunchtime to chat or play English games with her.



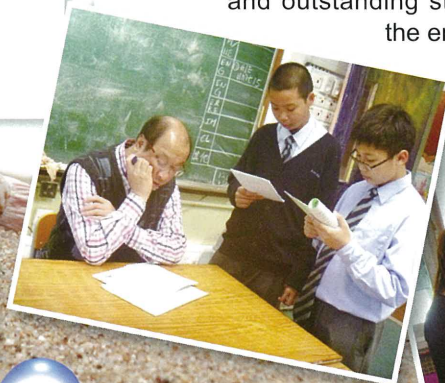
Ms Carabeo

Reading Aloud Programme Thursdays at Lunchtime

Students in Forms 1 and 2 are all given their own copy of the Reading Aloud booklet with texts on high-interest topics like science and positive life values. Each week, students are told to practise a text. Our NET pre-recorded each text, and students are shown in their English classes how to access the recordings on the e-class in order to improve their delivery. During lunchtime on Thursday, all Form 1 and Form 2 students stay in their classrooms to read the passages aloud to a teacher or Student Ambassadors. Students earn up daily oral marks and outstanding students are awarded at the end of the year.



English Corner



English Activities organised by the English Society

English Society

At the English Society's first meeting held on 8 October 2013, veteran members welcomed new members to the club. After a short briefing, students had the great opportunity to speak with the NET, and her family who were visiting Hong Kong from America! Students were given the chance to ask them questions regarding culture and education in the United States. Ms. Carabeo's family was also given great tips on places to visit in Hong Kong as well as popular local food to try, such as shao mai and fish balls. It was a great and meaningful event for students to experience speaking with 5 native English speakers and also learn about another culture! It was a meaningful experience for both the students and the guests!

2013-14 English Society Committee Members

Chairperson	5A Hung Tsun Sing, Jason
Vice- chairperson	5B Mak Ka Yee, Candy
Committee Members	5A Leung Chung Kwan, Lloyd
	5A Leung Ka Huen, Eros
	5A Mok Wing Sum, Keiko
	5A Wong Kee Hang, Nicole
	5B Cheng Nga Chi, Sharis
Secretary	5A Nip Shi Lam Samantha



Movie Week in March 2014

This year's Movie Week was held from 17 to 21 March 2014 in the English Lab during lunchtime. Students enjoyed a viewing of the famous movie **Charlie and the Chocolate Factory**. It was a great turn out with a full room of excited students. Students could practise their listening skills when they enjoyed their favourite movie! Students who attended Movie Week were given stamps on their stamp cards as an award for joining the event! Special thanks were given to the English Society members for their assistance in this fun event!



Song Dedication in December 2013

The English Society organized the Song Dedication activity during lunchtime on 18 December 2013. Lots of students sent messages to their peers and teachers to cheer them up while some teachers also sent messages to encourage their students to work hard. The messages were so touching and encouraging that impressed the teachers and students very deeply.



<<Song Dedication>> by the English Society

Circle the song.

1. One Direction - Best song ever
2. Jason Chen - Best Friend
3. Jason Chen - Thank You
4. Mariah Carey & Justin Bieber- All I want for Christmas is You
5. Taylor Swift - Sweeter Than Fiction

Name: _____ Class: _____
Who you'd dedicate the song to:

What you'd like to say to him/her:

Words from the DJ:

I liked being one of the DJs to let students express their love to our beloved teachers, friends and family members. I cherished this golden opportunity to help our fellow schoolmates send their deep-hearted messages through the PA system. This event was meaningful and a great success.

5A Jason Hung Tsun Sing

English Cooking Day in February 2014

The English Society collaborated with the Home Economics Club to bring students an exciting event: English Cooking Day, which was held on 28 February 2014! Participating students joined together in the Home Economics Room to whip up a batch of chocolate chip cookies! Committee members demonstrated the cooking steps in English, which was a great way to learn and practice English! A total of 20 students together with the English teachers, Ms. Carabeo, Ms. Wu, Ms. Lee, Ms. Chow and Ms. Law joined the event. Students truly enjoyed English Cooking Day and had a joyful time with their classmates and teachers.



Student Teachers from the University of Hong Kong interviewed by 5A Hung Tsun Sing, Jason

This year, it has been a joy having three student teachers from the HKU come to our school. During their teaching practicum period from February to April 2014, they worked closely with our students and taught us English and Integrated Humanities respectively. They are Mr. Jeffrey Lau, Miss Daphne Chan and Mr. Ivan Ho. Well, let's hope their lovely students won't be jealous of our reporter who was granted the opportunity to interview them!

Jason: Can you share with us why you want to be a teacher?

Mr. Lau: Isn't it amazing to see students learning and growing more? I find it rewarding to see people do better because of my teaching. I think it's important to help students build a foundation when they are young.

Ms. Chan: I have a belief that education changes a person's destiny. For example, if you're poor, you have the chance to move upward when you study very hard.



Mr Lau and S5 students

Mr. Ho: You will never feel you are old when you become a teacher. Since you can easily catch up with the teen culture among the young people.

Jason: Well, what are your feelings towards LKCSS?

Mr. Lau: Teachers here are all friendly and helpful. Whenever I need help, they will give me advice and suggestions on how to teach a better lesson.

Ms. Chan: I think students and teachers at this school are interesting, especially those students who

are not shy and love to joke around. It's good to build up a closer relationship between students and teachers.

Mr. Ho: It's quite special for me to have a change in roles. Now I stand in the front of the classroom and talk, not just sit and listen as in the past. I like the warm atmosphere in the classroom and the close relationship between students and teachers can't be easily found anywhere else.

Jason: Is there anything you'd like to say to our students?

Mr. Lau: You need to know what your dream is and work hard for it. Especially to my Form five Group 4 students, there might be many brick walls in life, climb over them to show how you want to achieve.

Ms. Chan: Pursue your dream and search what you need to do!

Mr. Ho: You must know why you are sitting here.



HKU Student Teachers: Mr. Lau, Ms. Chan and Mr. Ho

More to know!

	Mr. Jeffrey Lau	Miss Daphne Chan	Mr. Ivan Ho
What do you like to do in your spare time?	-Computer Programming -Things related to English	-Cooking -Watching movies and football matches	Sports (especially table-tennis)
Idiom/ Proverbs you like most	Efforts do pay off	Work hard, Play hard!	Your attitude changes the altitude.
Funniest memory at LKCSS	His students spoke to him in Chinese at first and he claimed that he didn't understand what they were saying.	The Morning Speech	Students turned around and ran away when he went to catch them.

2 Student Teachers from the Chinese University of Hong Kong (BA BEd Year 4)

It has been a great pleasure to have my teaching practicum in LKCSS from (28 October - 6 December 2013). LKCSS is a warm and welcoming campus. Throughout this period of time, I have learnt a lot from all the teachers and students here. These experiences



Ms Chan and Ms Ho with Ms Wu

are invaluable and useful to my future teaching. I am grateful to meet all of you and the memories will stay fresh in my mind. Best wishes to you all!

Miss Ho Shu Tik

As a student teacher, I was nervous and shy at the beginning of the teaching practice at LKCSS. However, after meeting my supportive teaching advisors and adorable Form 2 and 4 students, I became more confident and tried my utmost in delivering interesting English lessons.

I had a fruitful and thought-provoking experience here and would like to express my sincere gratitude to all of you!



CUHK Student teachers Ms. Chan and Ms. Ho

Miss Chan Yu Ting Jennifer

Highlights of the 65th Hong Kong Secondary Schools Speech Festival

LKCSS had 54 entries this year with Solo Verse Speaking, Prose Reading and Dramatic Duologue. A total of 55 students from S.1 to S.6 participated in the 65th Speech Festival. This year's results are encouraging with 1 Second Place and 5 Third Place awards, earning 47 Certificates of Merit and 6 Certificates of Proficiency. Students' linguistic abilities have been enhanced with the concerted effort of our teacher trainers.

Reflection from Speech Festival Winners

As a F.6 student, I decided to take part in this year's Speech Festival. I joined two events – Verse Speaking and Prose Reading. It is probably a crazy act joining two events! In fact, it is more than a competition. I have learnt a lot of things in this competition. It seems like a model answer but there are no words better than that to tell about my experience.

The first thing I've learnt from my English teacher is "to be modest". Ms Ivy Yu has been my English teacher and trainer for 3 years. She gave me a lot of advice to improve my speaking skills. I found that her advice can be used in any conversation or speech, and also her attitude enlightens me. It doesn't matter if it's a contest or not. Following her guidance, I felt better. Sometimes I practised with my classmates and we exchanged our opinions and gave suggestions to each other so that we could perform better in the competition.

Secondly, practice makes perfect. Experts say if you practise something 10,000 times, you will be excellent. I didn't know this principle before, but once I took part in the Speech Festival, I knew it is vital to practise. Last year, I participated in the Public Speaking event and had to give a 5-minute speech. My script was 3 pages long, but I still did it! I couldn't believe I could memorise the whole script! Can you imagine?

Thirdly, I have learnt to identify which is more important:

process or result? I chose "result" in the past, but now I choose "process". Just like studying, 'Learning is not scoring'. We learn through the process of the competition, not by winning it. I believe that if I try my best to prepare for a contest and do what I should on stage, I can gain much more than just an award. When you realize the importance of enjoying the process, you will find that you are more optimistic. This is what I've learnt too!

Finally, I must say, Ms Yu has changed one of my life principles during the preparation of the competition. For example, I thought the score or personal image was the most important for a student. In fact, modesty should be most important for everyone. I learnt this from Ms Yu, my English teacher. It's like a gift that I will cherish forever.

6D Chung Yui Ting (Winner 2 years in-a-row)

First and foremost, I would like to thank Miss Yu for her guidance. I felt confident under her support. It has been a great honour for me to receive this award and it is the best gift I could receive during my secondary school life. In this competition, I have learnt how to overcome the fear of being on stage. I have also learnt how to interpret a poem and express my feelings through the use of intonation and gestures. I think our schoolmates need not be scared, and should join the Speech Festival! It will be a rewarding experience!

6A Lau Hoi Ching



6A Lau Hoi Ching and 6D Chung Yui Ting with Ms. Yu



6A Lau Hoi Ching and 6D Chung Yui Ting with the judge

4E Yeung Tsz Kin James with Mr. Yeung



2A Man Tin Yau Oscar with Ms. Chow and the principal



6 Winners

2nd Place

2B Man Tin Yau

3rd Place

4C Ching Ho Yi
4E Yeung Tsz Kin
4E Tong Ka Mei
6A Lau Hoi Ching
6D Chung Yui Ting



Senior form winners with teacher trainers and the Principal

47 Merits

1A Kwok Hoi Ying	3B Yip Wing Kiu
1B Cheung Hiu Tung	3D Cha Hiu Yu
1B Tsoi Wing Wing	4A Tsang Yuen Man
1B Tang Tsz Ching	4B Cheng Hiu Lam
1C Chan On Yui	4C Ip Ka Wun
1C Hung Cheuk Kiu	4D Lau Hiu Ching
2A Hao Si Yuan	4D Wong Po Yi
2A Ho Hoi Ching	4E Ho Wing Kiu
2A Hui Hiu Wa	4E Leung Sze Tung
2A Kwok Hiu Man	4E Wat Cho Yan
2A Tse Pui In	4E Tong Ching Yi
2A Lam Wing Tung	5A Hung Tsun Sing
2B Ma Ki Yan Kieran	5B Pang Ha
2B Chan Hoi Ying	5E Cheung Wai Shing
2B Teoh Yee Cheng	6A He Chun Ting
2B Mui Wun Wing	6A Yeung Fat Yung
2C Lai Yuen Sau	6B Ng Yin Fei
2C Yung Wai Lam	6D Chung Yui Ting
2C Lee Yin Wai	6E Sak Man Yim
3A Yip Lai Chi	6E Wu Ki Ching
3A Au Tsz Yu	



4C Ching Ho Yi with Ms. Kwan

6 Proficiency

3A Chiu Wing Yin
3C Siu Yuk Man
4C Ho Hei Ching
4D Ho Lok Yin
5C Cheung Mei Yi
5D Li Simin



4E Tong Ka Mei with Ms. Law

School Picnic

The school picnic is surely a great way for our students and teachers to relax after two months of hectic school life. On 11th November, 2013, teachers and students of all forms enjoyed their annual school picnic as they travelled to different country parks.

It was a perfect day for a school picnic with the splendid weather! Our students had a plethora of fun-filled activities. Not only did the students have a full course of barbecue for lunch, they also generously shared their delicious homemade dishes among themselves and with their teachers to show their gratitude towards their teachers' daily teaching and patience. The country parks were filled with students' laughter while they were enjoying leisure recreation. Others were busy taking photos to capture the precious moments. When it was time to go, students cooperated and cleaned up the country parks to resume their natural beauty. The class photos they took will give them joyous picnic memories!



Sports Day was full of fun in the sun!

Held on 6th and 7th January 2014 at the Tsing Yi Sports Stadium, students and staff enjoyed the sun, sports and fun! The sunshine and clear skies were perfect for outdoor sports activities. There was a variety of events for students to participate in. Athletic students excelled in the track and field events, while others enjoyed being spectators in the stands. After weeks of practice, the cheer and dance teams representing each House performed for everyone in the House Cheer and Dance Competition. The overall winner of the competition was Green House, followed by the Yellow House in the 2nd Place, Red House in the 3rd Place and Blue House in the 4th Place! The cheering team performance was also a highlight of the days. Team leaders demonstrated a high degree of leadership in training the S1 and S2 girls to dance and perform as a team. Their concerted efforts earned respect from everyone. Overall, students and staff gained unforgettable memories during this year's Sports Day!

Students' Works

Don't smoke, it's not a joke!

According to a survey conducted by the Tobacco Control Office, Department of Health, the number of people who start smoking before the age of 20 has risen almost 27%, from 41.7% in 1982 to 68.2% in 2010, which is a worrying result. Once people start smoking, it's hard to quit it.



First of all, why do people start smoking? One of the main reasons is that teenagers feel stressed and may have lots of stress from schoolwork, parents, friendships and so on. They wrongly think that smoking is a way out and can release their stress.

Also, people, especially females, smoke because they want to control their weight, but they do not know that smoking will cause lots of serious problems. Another reason why people smoke is due to their curiosity. When their friends or even family ask them to smoke, they may feel so curious that they try it.

There are a lot of harmful substances in a cigarette and each of these substances puts our health at risk. For example, nicotine inside cigarettes has many harmful effects. Like carbon monoxide, nicotine may lead to nausea and headaches. Our body may become weaker too. Also, carbon monoxide may cause rapid breathing.

Apart from the above harm on health, there are more negative effects. Smoking harms almost every part of our body and it can also cause many diseases. For example, it can cause cancer, such as liver and lung cancer. It also causes respiratory diseases. Smoking also impacts our appearance and relationships with friends and family.

With so many harmful effects, we should not try smoking. What should we do if our friends offer us a cigarette? We should refuse them and ask them to quit smoking. But what if our family members smoke? We should try to talk to them and urge them to quit the bad habit and tell them the disadvantages of smoking.

In conclusion, people, both teenagers and adults, should not try smoking because once you smoke, it will be extremely hard to quit. If you do smoke, you should quit immediately! So bear in mind, don't smoke, it's not a joke!

2A Chow Chuen Ho



Let's go on a trip!

I am a water particle. I come from the ocean. I am called Sunny Water. I like to see people who are playing or swimming in the ocean. Some people are rude to us. Some people will throw rubbish at us. Sometimes we will play with sand! It's very fun! Do you want to know my story? Let's go together on an exciting trip!

First, my trip starts in the sea. The sun heats up and the air carries the water up. We will get lighter. We will fly and see many buildings of Hong Kong. It is beautiful!

Then, we will be clouds! We can talk together. We can see many aeroplanes. They are very big!

After that, we will do something exciting! We will jump from the sky! We jump and shout together. It is very fun! Then we rush down and go back to the sea.

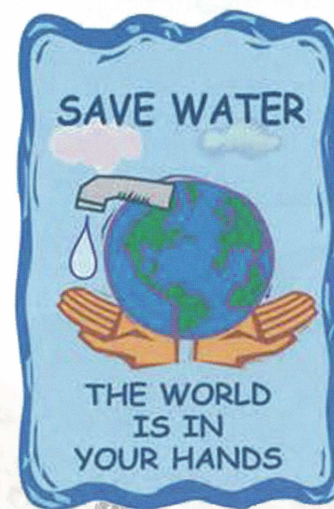


And finally, my friends and I will go everywhere there is water, such as rivers and the ocean. But we will meet together later. Our trip will be ever-lasting.

I am very useful to humans and other living things. Plants, animals and humans cannot live without us. We can be used for drinking, showering, watering and playing, but some humans waste us and make us unhappy.

There are many ways to conserve us so as to help the world. If people can shower for only 5-7 minutes, it can help conserve water. Also when you are brushing your teeth, you can turn off the tap. Don't use too much water when you are washing. We will be very happy if people do that. Thank you!

1B Mok Ho Wan, Jason



A Visit to Japan

Last summer holiday, I went to Japan with my dad. We stayed there for a week. Japan has many interesting things and traditions. Japanese are very polite. In my opinion, Japan is the most polite country in the world!

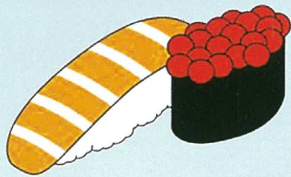


Japan's houses are not very big but still bigger than mine in Hong Kong! Japan has many of their own festivals, such as the Doll Festival and the Sakura Flower Festival. At the Doll Festival, many Japanese girls wear kimonos and buy dolls to put in their home.

Japan is famous for comics and cartoons. Did you know 85% of comics are from Japan? It's true!

Japanese food is also famous! Japanese always eat sushi and seafood because they live near the sea. I also love sashimi very much. It is delicious!

Japan is really different from Hong Kong. From my experience, Japan is a lot cleaner than Hong Kong. The



Japanese are also very polite. In Hong Kong, some people are rude. Japanese seafood is fresher than the seafood in Hong Kong too. I love their comics and cartoons! Japan is such a good place. I can't wait to go back for a visit! I recommend visiting Japan!

1D Yim Shong, Aki

My friend for Life

To many of you, this photo may not be that special. To me, this photo reminds me of how a lifelong friendship got started.



In this photo, Chris and I were arranged to sit together, which up to today, I am still thankful to our class teacher for making that arrangement.

It was our Chemistry lesson. Our teacher required one of the students from our class to go up and write an answer to a difficult question on the board. All of our hearts were pounding and we were all crossing our fingers to pray to God not to be chosen. At that time, a voice saying "Chris Wong" from our Chemistry teacher saved us from hell. Chris then went out with a reluctant face. She stood still and didn't know what to do. Knowing that she didn't know the answer, I whispered the answer to her. When she came back and was seated, she thanked me for my help. "Without you, my classmates would have laughed at me," she said in relief. That's how we became really good friends. Therefore, this is the photo I treasure most and she is my friend for life.

5A Leung Ka Huen

My Water Life

I am a water particle. I come from the ocean. My name is Sally. I have many brothers and sisters. My relatives are also everywhere. I like swimming. My shape is like a tear drop. Do you want to know more about my life?

First, my life starts in the ocean. When the sun heats up the ocean, the air brings us to the sky. I am so happy now! It is called evaporation.

Next, because the upper part of the sky is cooler, water vapour will join us together. It is called condensation.

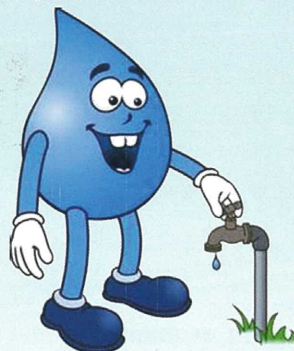
After that, the clouds may be carried to other places by the wind. It is so cold now, but interesting. It is called transportation.

Finally, I will join my brothers and sisters and also my friends. We will become underground water or gather in rivers or ponds, and return to the ocean or sea. It is called raining. My trip will happen again and again.

I am very useful to humans and other living things. Humans need us to do many things, like drinking and washing. If they don't drink water for about three days, they will die. Also, other living things need us to drink, too!

So, I think humans need to conserve us and save us. If they conserve us, they will help the world and themselves.

There are many ways to conserve us to help the world. If people want to save us, they should wash vegetables



in a basin of water. Don't rinse vegetables under a running tap. If people wash a full load of clothes to reduce the number of washes, they will save us too. They should also fix dripping taps immediately or turn off the tap while brushing teeth. If they do these things, they can conserve us and help the world.

1D Lai Cheuk Yiu, Nicole

True Friendship

Nowadays, our society has become more and more selfish. Most people hold an attitude of "sweeping the snow from their own door" and put their benefits as the first priority. Now, it has become rare to have true friendships. But there are still some. I feel lucky to have plenty of friends that I consider to be true friends. We share things among us, such as our true feelings. We are honest with each other, we trust each other and we keep our promises to each other. True friendship cannot be easily broken as time goes on. On the contrary, time can prove it is true friendship. This is evidence to prove that our friendship is just like a diamond. True friendship lasts forever.



6E Lam Ka Yin

Other Cultural Activities

S1 Oxbridge Summer English Camp

Funded by the EDB, a 5-day summer Oxbridge Bridging Course was organized especially for our New S1 students in Summer 2013. This allowed our new students to immerse in a relaxing and pleasant learning environment through English.

Run by a team of tutors who are undergraduates from the Oxford and Cambridge Universities, our students enjoyed interesting lessons in English, Mathematics and Science in the morning, as well as other interactive activities such as fashion shows, mini-Olympics and dramas in the afternoon. Students learnt about the terminology and two dimensional and three dimensional in the Mathematics lessons as well as research skills through Science projects. They carried out interesting experiments in the Science lessons.

Students performed their English drama performance in the Grand Closing Ceremony that displayed their creativity. All participants were awarded with certificates and prizes as recognition for their efforts and achievements. Parents and parent helpers also had a chance to appreciate their children

performing confidently using English on stage after these few days of immersion.



Diocesan School English Talent Show

The Diocesan School English Talent Show was held on 17 May 2014 at Cheung Sha Wan Catholic Secondary School. Our school entered the competition with a musical entitled '**Lean on Me, a moving tale of how a town joins together to help uplift orphans**'.

The theme of the musical is to teach compassion and the importance of helping others.

An enthusiastic group of 18 performers joined the show this year! Preparation and rehearsals for the performance gave participants the opportunity to enhance their oral skills, as well as public speaking skills and overall confidence in speaking English. This year's group of student performers joined together to choreograph the dances for each song. They also created and designed props for the performance. The students worked well together and united as a team to prepare the best musical possible.

After months of hard work, LKCSS talent show participants competed against 23 other schools. They performed wonderfully! The judges enjoyed the musical and the meaningful performance by the students.



The students received great feedback from the judges. Diligence, determination and discipline helped our students achieve great success in the competition!



Cultural Day

Our school jointly organized with AIESEC in The Hong Kong Polytechnic University to hold the cultural event named **NAKUPENDA** in 2013. 7 foreign undergraduates from **Germany, Turkey, Malaysia, Indonesia, Egypt and Korea**, representing 6 different cultures, shared their cultures and discussed social issues with our students during the workshop. Our students had done some research on the background of these countries, and so they had a general understanding and had more in-depth discussions with the western counterparts in the workshop. See they had a wonderful exchange during their discussion!

